

# DZILTH-NA-O-DITH-HLE COMMUNITY SCHOOL MENU

## 2024 APRIL 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>1. Honey Nut Cheerios Dino Bites Fresh Grapes Milk</p> <p>Chili Beans Garden Salad/Dressing Cornbread WW Crackers Fruit Salad Milk</p>	<p>2. Biscuits &amp; Gravy Melon Cup Milk</p> <p>Ground Beef Stroganoff Green Beans Season Carrots Fruit Slushy Dinner Rolls Milk</p>	<p>3. French Toast Sticks Syrup Cups Strawberry Cups Apple Juice, Milk</p> <p>Frito Pie Lettuce, Tomatoes Season Corn Sliced Peaches Salsa Milk</p>	<p>4. Egg Patty/Bacon English Muffins Applesauce Milk</p> <p>Meat Loaf Diced Potatoes/Gravy Season Broccoli Apple Crisp Dinner Rolls Milk</p>	<p>5. Fruit Smoothie Ultimate Breakfast Round Milk</p> <p>Turkey Cheese Croissant Lettuce, Tomatoes Broccoli Florets Fresh Fruit Sun Chips Milk</p>
<p>8. <b>DISCOVERING OUR PLATE</b></p>  <p>Choose MyPlate.gov</p>	<p>9. Frosted Flakes Cereal WW Toast Apple Slices Milk</p> <p>Nacho Supreme Lettuce, Tomatoes Corn on Cob Fresh Grapes Milk</p>	<p>10. Waffles/Syrup Cups Berry cups Milk</p> <p>Spaghetti &amp; Meat Sauce Romaine Salad/Dressing Garlic Bread Fresh Fruit Milk</p>	<p>11. Scrambled Eggs WW tortillas Fresh Bannas Milk</p> <p>Roast Turkey/Gravy Mashed Potatoes Green Beans WW Dinner Rolls Milk</p>	<p>12. Blueberry Muffins/Bagels Cream Cheese Fresh Fruit Milk</p> <p>Hamburgers Lettuce, Tomatoes French Fries Apple Wedges Milk.</p>
<p>15. Frosted Mini Wheat Cereal WW Toast Melon Cups Milk</p> <p>Sloppy Joes/WW Buns Potato Wedges Garden Salad/Dressing Fruit Jell-O Milk</p>	<p>16. Banana Muffins Strawberry Yogurt Fresh Fruit</p> <p>Hot Dogs Baked Beans Carrot Sticks Fresh Grapes Milk</p>	<p>17. WW Biscuits/Sausage Patty Fresh Grapes Milk</p> <p>Chicken Soft Tacos Lettuce, Tomatoes Pinto Beans Tortilla Chips, Guacamole Salsa, Fresh Fruit Milk</p>	<p>18. Breakfast Burritos Applesauce Milk</p> <p>Chicken Nuggets Oven Fries Steam Broccoli Florets Apple Wedges</p>	<p>19. Fruit Parfaits Granola Milk</p> <p>Sub Sandwiches Lettuce, Tomatoes Cucumber Slices Melon Cup Milk</p>
<p>22. <b>NO SCHOOL</b> <b>NAVAJO NATION</b> <b>SOVERIGNTY DAY</b></p> 	<p>23. Oatmeal WW Toast Fresh Fruit Milk</p> <p>Beef Hominy Stew Garden Salad Dinner Rolls Diced Watermelon Milk</p>	<p>24. Bacon, Egg Cheese Bagels Fruit Cocktails Milk</p> <p>Beef Lasagna Corn on Cob Bread Sticks Fresh Fruit Cup Milk</p>	<p>25. Breakfast Combo Bars Diced Peaches Orange Juice, Milk</p> <p>Macaroni &amp; Cheese Steamed Broccoli Steamed Baby Carrots Fresh Grape Milk</p>	<p>26. Cinnamon Rolls Fruit Smoothie Milk</p> <p>Shredded Pork Burritos Lettuce, Tomatoes Potato Rounds Mandarin Oranges Milk</p>
<p>29. Assorted Cereal Fruit Cocktails WW Toast/Jelly Milk</p> <p>Beef Stew w/Vegetables. Homemade Cornbread Garden Salad Melon Cup or Fresh Fruit Milk</p>	<p>30. Hard Boiled Eggs WW Toast Fruit Cup Milk</p> <p>Spaghetti w/Meat Sauce Spring Salad Dressing Diced Pears Bread Sticks Milk</p>	<p><b>Fresh Pick of the month</b> <b>PINTO BEANS</b></p> 	<p>Pinto Beans are extremely nutritious. They are excellent sources of protein, fiber, vitamins and minerals. These nutrients provide benefits, including improved blood sugar control and heart health.</p>	<p><b>Making Healthy Choices.</b></p> 

**This Institution is an Equal Opportunity Provider.**

**FOOD SERVICE DEPARTMENT 505-960-8725**

**The menu is subject to change due to product availability. Revised 4/23/24**